

## Important Dates!

Date	Event	Time	Location
Thursdays	Wonders of Walking Group Walk	6:00 PM	Fit Right Northwest, NW 23 <sup>rd</sup> and Northrup
Saturdays	Wonders of Walking Group Walk	8:00 AM	Fit Right Northwest, NW 23 <sup>rd</sup> and Northrup
Wednesday, June 22	Captains' Meeting	6:30-8:00 PM	Meridian Park Hospital, Community Health Education Center, Room 117
Saturday, June 25	Packet Pickup	9:30-11:30 AM	Meridian Park Hospital, Community Health Education Center, Room 117
Wednesday, July 6	Mandatory Volunteer Training (Session 1) <b>NOTE: Volunteers must only attend one 30-min. session on either day.</b>	6:30–8:00 PM (3 sessions – 1 every 30 minutes)	Meridian Park Hospital, Community Health Education Center, Room 117
Saturday, July 9	Mandatory Volunteer Training (Session 2) <b>NOTE: Volunteers must only attend one 30-min. session on either day.</b>	10:00 AM – 12:00 PM	Meridian Park Hospital, Community Health Education Center, Room 117
Friday, July 15	RACE DAY!	Start Times Will Vary	Champoeg Park

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**Directions to Legacy Meridian Park Hospital: From the North** -Take I-5 South to exit 289 (Tualatin-Sherwood exit). After exiting, turn left/east (you'll be on Nyberg Rd.) Stay on Nyberg; Nyberg turns into 65<sup>th</sup> Ave. As 65<sup>th</sup> starts to head up hill, turn left at the entrance to the Community Educational Center. Follow this drive to the parking lot directly adjacent to the Center. The meeting will take place in the Auditorium Room inside the Educational Center. Look for signs to guide you there! **From the South** - Take I-5 North to exit 289 (Tualatin-Sherwood exit). After exiting, turn right/east (you'll be on Nyberg Rd.) Stay on Nyberg; Nyberg turns into 65<sup>th</sup> Ave. Follow **"From the North"** directions from this point. Watch for signs directing you to the room. You can also get directions from the Legacy website: <http://www.legacyhealth.org/body.cfm?id=665&oTopID=657&PLinkID=24>.